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Service Agencies of the Island

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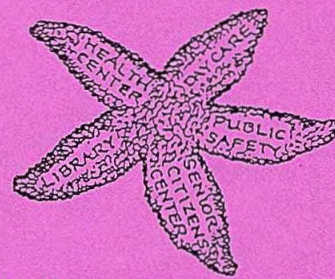
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Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

November 2018

Volume 37

Issue 11



Peaks Island Land Preserve
FOREVER WILD

Peaks Island Land Preserve is committed to the acquisition, preservation, and stewardship in perpetuity of Peaks Island lands for the use and enjoyment of islanders and visitors.

Join us for A Mid-Autumn Walk -- Sunday, November 11, 9:00 am -- meet outside the community center. We will decide on the land and trails to visit depending on the weather and wind conditions, and walk a loop that will take us out for about an hour and a half.

Everyone is welcome!

www.peaksislandlandpreserve.org

preservepeaks@gmail.com

Peaks Island Community Thanksgiving Dinner

Members of the island churches are joining together to organize a FREE community Thanksgiving Dinner. This is a wonderful chance to sit with one another, share a delicious meal, and celebrate our community in thankfulness. All are welcome!!! And it's free!!!

MARK YOUR CALENDARS:

The dinner will be on Saturday, November 17th, from 5-7pm at the Brackett Memorial Church.

We are looking for volunteers who can help with the cooking. If you would like to contribute but cooking is not your forte, you can donate grocery gift cards or cash.

Either way, please sign up as a volunteer BEFORE November 3rd, so we can determine where the holes in volunteer coverage are. To sign up, use the link below.

<https://www.signupgenius.com/go/70A0F4BA4AC2EA3F49-community>

Please call Susan Hanley, 207-332-2443, or Tookie Harris, 207-518-9532, if you have any questions. Oh, and by the way, it's free.

Peaks Island Health Center
87 Central Ave. P.O. Box 52
www.peaksislandhealthcenter.org

Hours: Monday, Wednesday and Friday
8:30 AM to 3:00 PM

Kitty Gilbert, Family Nurse Practitioner, provides care for all ages.
Please call either **766-2929** or **874-2466** for an appointment.

Now that we are welcoming the fall season, we would like to take this opportunity to welcome those of you who are new to Peaks Island, either as renters or homeowners. If you wish to become Health Center patients, please stop by our facility at 87 Central Ave. during hours, and the staff will be glad to help you.

It is important to know that the Health Center can provide acute care (short-term treatment of an injury or illness) to patients who have Primary Care Physicians in other practices. If you wish to have the option of using the Health Center and are not affiliated with Maine Medical Center (as the Health Center is), please check with your insurer before an incident arises, to avoid any coverage issues. As a rule, Medicare patients may see whom they wish.

Patients who have no insurance are also welcome to use the Health Center. The Peaks Island staff can give you information regarding contacts at Maine Med./Partners who can assist you with payment options. They will be glad to answer any questions you may have.

We are very fortunate to have such a dedicated professional staff, and are grateful for the solid resources of Maine Medical Center in support of our Health Center on Peaks Island.

Flu shots, including the higher dose for seniors over 65, are now available. Make an appointment or you may walk in.

VOTING Tuesday, November 6, 2018

6:45am – 8pm

Peaks Island Community Center in the Community Room

Need to study up? There are sample ballots on the doors of the Community Building and there is the League of Women Voters Voter Guide and a Maine State Citizens Guide to the Referendum Election at the library.

NOVEMBER ACTIVITIES AT THE PEAKS ISLAND COMMUNITY CENTER
Sponsored by the City Portland Parks, Recreation and Facilities Department

All Portland Parks, Recreation and Facilities programs are for Peaks Island residents of all ages and are held in the Peaks Island Community Center unless noted. For more information please contact Diane Ricciotti, Recreation Programmer at (207) 766-2970 or dianer@portlandmaine.gov

LOW IMPACT AEROBICS WITH WEIGHTS EXERCISE PROGRAM

Mondays & Thursdays from 9:30 a.m. – 10:30 a.m.

Join us for a fun-filled hour of low impact aerobics. A routine that will make you smile and laugh. Hand-held weights are available to build strength in wide range of exercises. All are welcome. FREE!

STRENGTH TRAINING FOR WOMEN

Tuesdays & Fridays from 7:15 a.m. - 8:15 a.m.

All women are welcome in this class. Starts with a 10-minute stretch and aerobic warm-up and moves into the use of hand-held and ankle weights for a full range of exercises and stretches. All exercises are guided with attendees in chairs or standing. Fee: \$50.00 or \$3.00 drop in fee per class as space allows.

WEEKLY THURSDAYS KNIT & CHAT & PAINT, SEW, WRITE, ETC.

Every Thursday from 10:45 a.m. - 11:45 a.m.

Please join us for our weekly Knit & Chat Group. We will continue to make knitted items that will be given out on Veterans Day and during the upcoming holidays in Portland. Feel free to bring your favorite craft project, your easel or writing project. We would love to have you join our weekly Chat group. All are welcome. FREE!

***LVF** Loretta Voyer Fund*

Our mission is to provide transportation for Peaks Islanders who are receiving chemotherapy, radiation, or medical treatments for life-limiting diseases.

**BUY
LOCAL.**

**Loretta Voyer Fund Holiday Arts and Craft Fair
at JONES LANDING**

Saturday, December 1st, 10am – 3pm

Please join us at the Loretta Voyer Fund Holiday craft fair to find hundreds of **handmade gifts and lots of wonderful raffle prizes**. Support the Loretta Voyer Fund AND local artisans by doing your holiday shopping locally. Many thanks to Robin Clark at Jones Landing for providing us with a large, beautiful space – which means more artists and craftsmen and more money raised for the Loretta Voyer Fund. This year's fair has over 25 artisans!

The craft fair is our annual fundraiser, but donations are accepted any time. Please send donations to The Loretta Voyer Fund, c/o Melissa Conrad, 152 Brackett Avenue, Peaks Island, ME 04108. For more information about the Loretta Voyer Fund, please contact Melissa Conrad, 766-9736 or mconrad@backshore.net.

Brackett Memorial United Methodist Church

We are a Welcoming, Inclusive, and Reconciling Congregation

9 Church Ave; 207-766-5013; brackettmumc@gmail.com; www.brackettmumc.org

Rev. Angela Rotherham, Pastor



Anyone is welcome to join any of our worship, fellowship, or mission opportunities.

Sunday Morning Worship at 10am. Followed by an informal time of food and fellowship in the church hall.

Adult Scripture Study Tuesdays, 10:30-noon at the parsonage (9 Church Ave).

Prayer Shawl Ministry Fridays, 10:30-noon at the parsonage (9 Church Ave).

Peaks Island Food Pantry at Brackett Church, Mondays, 3:30-5pm.

SPECIAL EVENTS IN NOVEMBER:

Cribbage Fun – Cribbage at Brackett is back! **Thursday, Nov 15, 10:30-noon.** Join us in the fellowship hall for a fun morning of friendly games. Beginners and experts all welcome!

Free Community Thanksgiving Dinner – Members of the island churches are joining together to organize this year's community Thanksgiving Dinner on **Saturday, November 17, 5-7pm** in the Brackett Church Fellowship Hall. We're looking for volunteers to help, so call Susan Hanley (332-2443) or Toookie Harris (518-9532) with any questions. By the way, did we mention? It's FREE!

SAVE THE DATE! - The annual Brackett Church **Jingle Bell Fair** will be **Saturday, December 8 and Sunday, December 9.** Join us for the Silent Auction, Island Crafters, Grandma's Attic, Jewelry, Chic Boutique, Baked Goods, Homemade Soup and Christmas Decor!

St. Christopher's Catholic Church

Rector: Father Greg Dube at 773-7746

All Saints Day Mass is at 6:15 PM on Thursday, November 1st.

Sunday Mass is at 10 AM each week. Details for other Masses in Portland are at <http://www.portlandcatholic.org/> For info concerning Baptism, Reconciliation & Marriage, please contact Father Greg.

Rosary: The Scripture Studies Group invites all to pray the Rosary for special intentions and world peace at 9:30 AM before Mass each Sunday.

AA meets Wednesdays from 6:15 to 7:15 PM in the Parish House.

Share Scripture with Islanders from 9:30 to 11 AM each Wednesday in the Parish House on Central Avenue.

Free Medical Equipment Available

Free medical equipment such as wheelchairs, walkers, and crutches is available temporarily from the Peaks Island Health Center and St. Christopher's Parish. The equipment is stored at St. Christopher's and is provided on a first come, first served basis at no charge. Borrowers are only asked when they plan to return it and also relieve the program of any liability.

For more information, contact Kay Taylor at 766-2811 or islapicos@maine.rr.com; or David Vincent at 603-496-6989 or davidlv55@gmail.com.

PEAKS ISLAND CHILDREN'S WORKSHOP: 71 Herman Avenue: 766-2854
www.picw.org



PICW WILL BE CLOSED MONDAY NOVEMBER 12TH IN OBSERVANCE OF VETERAN'S DAY AND NOVEMBER 22ND AND 23RD FOR THANKSGIVING

PICW would like to say thank you to everyone that came out to our Fall Festival last month, as well as to the Peaks Island Lions Club for letting us use their beautiful space, Dan Fisher for cooking our pig and Hannaford Supermarket for supporting this event. We would also like to thank Brunswick High School Action Team and Volunteers of America for coming out last month to help with our fall clean up.

Starting Tuesday November 6th, we would like to invite families with small children ages 6 weeks to 4 years to come and join us for music class with Ms. Faith. We will be meeting every Tuesday in the Infant/Toddler room from 8:30am to 9am.

All are welcome to join us on November 21ST, 11:45am to 1pm, for our Annual Stone Soup. If you are interested in attending, please RSVP to Katie by the 16th.

PICW is accepting applications for part/full time care on our WAIT-LIST. Contact Katie at office@picw.org for applications. The Board of the PICW is always open to suggestions and communication from the community. Please contact us through Board Chair, Jennifer Eckel, at jgeckel@gmail.com.

SENIOR NEWS

Fall is here, and the temperature outside has dropped! The Seniors will have their next potluck luncheon on Monday, November 12th. We will meet at noon in the Fay Garman House Community Room. Please bring a dish that you want to eat and share with your friends and neighbors.

Just a reminder that **Chair Yoga** is offered at the Fay Garman House every Tuesday starting at 4 pm for about an hour. Chair Yoga is a great way to relax from head to toe without the stress of getting out of your chair. There is no charge for these yoga sessions and are open to anyone who wants a quick way to stretch their body and relieve tensions.

***CERT Needs Volunteers To Prepare For Disasters
Our Peaks Island Community Emergency Response Team
(CERT) practices to assist Island disasters with training and help from
the Portland Fire Department. Please spread the word and join us.
For more info, call Al Bleau at 766-0007 or 781-962-2662.***



Taxi News

call (207) 518-0000 for service

Winter is coming! To ensure that we can transport our passengers safely and surely, the taxi will soon be showing off a new set of snow tires – one of the final purchases we are making from the “new vehicle” fundraising you all contributed to in 2017.

As our island visitors decline, so does the demand for taxi services. To help our drivers through this slow period, we encourage islanders to use the taxi more frequently. Even for the hardy, a ride home in a heated taxi can be a joyful alternative to slogging through snow and slush. And what about having the taxi deliver that pizza from Hannigan’s? Also, if you are going off island for more than the 72-hour down front parking limit, leave your island beater at home and use the taxi to get to/from the ferry. There are many ways to support the taxi and our island drivers, so please keep us in mind now that the tourists are gone.



The Fifth Maine Regiment Museum

www.fifthmainemuseum.org, 207-766-3330

Closed for the season

Thanks to everyone who came to our Harvest Supper! We all enjoyed a delicious meal and good company. Many thanks to Roxanne Bailey for her scrumptious cooking, to Peter Donnelly for setting the mood with his wonderful piano playing, to our dedicated volunteers for baking lovely desserts, setting up, serving meals, and cleaning up.

We are already preparing for next season!! If you aren’t already a member, please sign up to get our spring membership newsletter with the 2019 season schedule of events. Individual memberships are \$15, family memberships are \$30 – and members enjoy free admission to the museum. Sign up forms are available on our website: www.fifthmainemuseum.org under the “About the Fifth Maine” tab.

Are you interested in hosting an event at the Fifth Maine?? All event rental contracts signed before December 31, 2017 will be charged at 2017 rates, even if they are scheduled for dates in 2018. With its large wrap-around porch, spacious interior, and stunning ocean views make, The Fifth Maine is a perfect setting for weddings, private parties, professional workshops, and musical events and it is surprisingly affordable!! Contact our event coordinator at fifthmainemuseum@gmail.com or leave a voice mail at 207.766.3330.

DEADLINE FOR NEXT MONTH’S STAR: Sunday, November 25, by 6 pm. Please bring articles copy-ready to the library. You may put them in the Book Return (slot is in the lobby under the bulletin board) when the library is closed. A big thank you to the volunteers who put the STAR together, photocopy and staple it on alternate months: Team Leaders Kay Taylor and Anne Whitman, and colaters and staplers Barbara Filipos and Reta Morrill. Gene Taylor distributes the STAR on alternate months.

November at the Peaks Island Branch Library

129 Island Avenue 766-5540 email: peaks@portlandpubliclibrary.org

Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12

We are delighted that people who work from home are finding the library wireless and various seating spaces congenial for “getting out of the house” but still being able to work in a quiet place. It doesn’t have all the amenities of a “co-working” space uptown, but the price is right (FREE), it’s comfortable and the ambience can’t be beat. Give it a try if you’d like.

First Tuesdays Book Discussion: The group will discuss *Call of the Wild* by Jack London at the meeting on November 13, at 7 pm in the community room. The book for the next meeting, December 4, is *The Choice* by Edith Eva Eger. As always, if you need a copy of the book, call or come into the library. Everyone is welcome at these meetings.

Middle School Book Club: Join us on Tuesday, November 20 at 5:30 for Middle School Book Books, laughter, food, good company and more laughter. All Middle Schoolers are welcome. We meet in the Community Room across from the library.

Nursery Rhyme Time for infants and toddlers is on Wednesdays, at 10:15. **Preschool Story Time** is on Fridays at 10:15. Please note they are the opposite days from last year; the littlest come first, on Wednesdays; the preschoolers come on Fridays. All children, both islanders and visitors, with their parents or caregivers are welcome.



Peaks Island Community Food Pantry

The Peaks Island Community Food Pantry is located in the Brackett Memorial Church and is open on Mondays at 3:30–5pm. Our mission is to provide food assistance to our island neighbors in need, supported by many different individuals and organizations from Peaks Island.

Many thanks to the Fifth Maine for recent donations of food left over from the Harvest Supper, and to summer residents who donated items as they closed their cottages for the season!

This month we will be organizing our fifth annual “Buy two, give one” food drive at Hannigan’s. Thank you to Bob Hannigan and all the staff for their support of this food drive. Our ongoing needs are canned peaches, pears, pineapple, applesauce, toilet paper, small jars of mayonnaise, peanut butter, grape jelly, tuna, laundry detergent, Progresso soups, cans of beef stew.

A reminder that you can send in cash donations using the Paypal donation button on our website, www.peaksislandfoodpantry.org. We can also accept checks made out to “Peaks Island Food Pantry” – send to Susan Hanley, 108 Brackett Avenue, Peaks Island, ME 04108.

If you have any questions about the food pantry, or you would like to arrange a food drop off or a donation pick up, please contact Susan Hanley, 207-332-2443.

FALL/WINTER COMMUNITY EVENTS

Our American Legion Post will sponsor the following events for its members and the Peaks Island community during the fall and winter months:

Annual Veterans Day Dinner: Will be held on Saturday, November 10 at 6PM, open to everyone in the community. Please join us as we honor our Veterans.

Monthly Supper: The 1st Saturday of each month, there will be a supper beginning at 5pm until the food runs out. The menu will vary and donations will be accepted to support either the Capital Fund or the Auxiliary.

Trivia Night: Every Thursday night there will be a potluck supper and Trivia Night at 6PM. Please come, even if you are unable to bring something for the Potluck. Trivia Prizes: 1st Place-\$20 'house cash'; 2nd Place-\$10 'house cash'.

Sunday Burgers: This popular event will begin in November. More info will be provided on Peaks electronic sites.

Any questions, please contact the Legion at legionpost142@gmail.com or at 766-2102 in the evening.



PEAKS ISLAND LIONS CLUB



Peaks Island Children's Christmas Party

The annual Peaks Island Lions Club and Peaks Island American Legion, McVane Post 142 Children's Christmas Party will be held at the Peaks Island Elementary School on Friday, December 21 right after school. All Peaks Island children from birth through grade five are invited to attend.

Signup sheets for children who do not attend the Peaks Island Elementary School can be found at Hannigan's Market, the Peaks Island Café and the Peaks Island Library from Monday, November 19 through Friday, December 7.

If your child does not attend the P. I. Elementary School, please sign up to assure that your child receives an age appropriate gift.

The wrapping party will occur at the Legion on Sunday, December 16 starting at 1 PM.

Eyeglasses:

Used Eyewear Collection Boxes: Are located at the Café, Hannigans, Brackett Memorial and St. Christopher's churches, the Health Clinic and at the Community Center.